

THE WHY SERIES

A BIBLICAL RESPONSE TO THE GREAT QUESTIONS OF LIFE

2 TIMOTHY 1:7 / GENESIS 1:31 / GENESIS 2:7

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THE TITLE OF THE MESSAGE:

THE HUMAN MIND AND THE NATURE OF MAN

SUBJECT TOPICALLY REFERENCED UNDER:

Humanity, Apologetics, Mind, Soul, Hope.

2 Timothy 1:7

For God has not given us a spirit of fear, but of power
and of love and of a sound mind.

Genesis 1:31

Then God saw everything that He had made, and indeed it was very good.

Genesis 2:7

And the LORD God formed man of the dust of the ground, and breathed into
his nostrils the breath of life; and man became a living soul (being).

**We cannot know anything aright about ourselves unless we first
begin to know what we can about the nature of God.**

Does God exist? / Can I know that He does?

If God does exist, what is He like?

Why is there evil? / Why is there good?

To do that we must face the obvious.

There is the undeniable reality of both good and evil. There is no one or
the other, there is only both. One exposes the existence of the other.

The WHY SERIES THEME now shifts to another issue

of deep personal awareness for all of us – the issue of the mind, of mental illness, of
emotional trauma and of spiritual adversity.

THE HUMAN MIND AND THE NATURE OF MAN

1.) What is it to be human ?

As Human Beings,
we are unrivaled in the universe as to our complexity and existence.
We are “almost” transcendent compared to the world we know of.

every human born into this world carries within them a
universal identity as seen in Natural Law

Man’s Trinitarian Existence.
Body / Soul / Spirit

1 Thessalonians 5:23

Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ.

This Is Where We’ll Be Heading;

1. How do I take control of my life (mind)?
2. What do I do about my thoughts and my remembrance of things?
3. Why do I battle deep, internal, emotional issues?
4. And what about mental issues, can I gain the victory over that?

1 Thessalonians 5:23

Your whole spirit, soul, and body

A word about our mental health community.

This is where we as a culture are prone to coming up short when it comes to diagnosing a person’s mental and or emotional ills. Our system leaves out the ultimate treatment – dealing with the spiritual nature of man.

When we talk about **THE BODY** we are obviously talking about the material side of man. Our physical existence is what it is for the purpose of physical expression. Putting it bluntly - The human body is a tool, a biological machine, a physical apparatus.

When we talk about **THE SOUL** it is not so obvious to us although it should be. Our human soul is Part One of our Immaterial existence as well but a bit more.

In the Fall, our minds became corrupted (call it a virus) and it was no longer able to function as designed. We lost our ability to;
(1) understand (2) to think clearly (3) to process (4) our minds became un-tied from the mind of God.

When we talk about **THE SPIRIT** we are talking the highest level of man’s immaterial existence. Until a man is spiritually awakened, he cannot relate at all to the

The human spirit was originally the highest part of man, and the soul and the body were subject to it. Under normal conditions, the spirit is like the lady of a house, the soul is like the steward, while the body is like the servants. When the lady of the house needs something done, she charges the steward, and the steward in turn directs the servants to do it accordingly. The lady gives the order in private, while the servants take the order from the steward. Outwardly, the steward seems to be the master. But actually, the real master is the lady of the house. Unfortunately, man fell, failed, and sinned, so that the original, proper order of the spirit, soul, and body was overturned.

The Spiritual Man
By Watchmen Nee

Most of us here have a Biblical worldview of life and with that,
a deep dependence upon God's ability to heal

1 Corinthians 2:16

For "who has known **the mind** of the LORD that he may instruct Him?"
But we have **the mind** of Christ.

Our Own Morality is a Reality (-/+)

We can all agree that we can discern what is good and what is evil.
Every one of us

In 'A Personal Letter To A Friend', C.S. Lewis writes;

"We must learn by experience to avoid either trains of thought or social situations which for us (not necessarily for everyone) lead to temptations. Like motoring—don't wait till the last moment before you put on the brakes but put them on, gently and quietly, while the danger is still a good way off."

When we think about what God is like we must realize that God is Spirit,
more like a mind or consciousness than anything else.

<https://restlesspilgrim.net/blog/2017/06/29/mere-christianity-b1c4/>

we know that our human mind can be
influenced or conditioned by external sources.

1 Peter 4:1a

Therefore, since Christ suffered for us in the flesh,
arm yourselves also with the same mind...

mind

grk: ennoia; *the thinking, the thoughtfulness, the human moral understanding. Intentions. Purpose.*

1 Peter 1:13

Therefore **gird up** (tie together. gather into one place. secure) the **loins** (the descendants, the past events, the history) of your **mind**,

mind

grk: dianoa; disposition, or predisposition. The pattern or line of thought. The way (you) understand the world around you.

The Reality of Man's Situation

"When a man is getting better, he understands more and more clearly the evil that is still left in him. When a man is getting worse, he understands his own badness less and less. A moderately bad man knows he is not very good: a thoroughly bad man thinks he is all right. This is common sense, really. You understand sleep when you are awake, not while you are sleeping. You can see mistakes in arithmetic when your mind is working properly: while you are making them you cannot see them. You can understand the nature of drunkenness when you are sober, not when you are drunk. Good people know about both good and evil: bad people do not know about either."

C. S. Lewis

Tonight, what are you thinking about regarding you?

In light of Lewis' words – are you able to identify with his statement?

It's time to Heal and to be Healed

Invite Those You Know Next Week. If they won't come, take a copy of the message to them and sit down with them and listen together.

End of Study

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