

THE TEN COMMANDMENT SERIES  
INTO THE HEART OF G

It's Hebrew Counterpart is Commandment #9

**The 9<sup>th</sup>. Commandment (horizontal)**

**Exodus 20:16**

"You shall not bear false witness against your neighbor.

**What's the Correlation? – God's Reputation**  
**God's Reputation is That He is The Creator-Patent !**

**What The Sabbath Day Is.**

The word "Sabbath" means – rest

**The Biblical Creation Account (*and not the Gap Theory*)**

**Gen. 1:1-2:3**

In the beginning God created the heavens and the earth. **Gen. 2:1** ¶ Thus the heavens and the earth were finished, and all the host of them. **:2** And on the seventh day God ended his work which he had made; and he rested on the seventh **day** (*yome – 24hrs.*) from all his work which he had made. **:3** And God blessed the seventh **day**, (*yome – 24hrs.*) and sanctified it: because that in it **He had rested from all his work** which God created and made.

**Is. 40:28**

Do you not know? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He will not grow tired or weary, and his understanding no one can fathom.

**Matt. 11:28**

**Come to Me, all you who labor and are heavy laden, and I will give you rest.**

**What The Sabbath Day is Not.**

Is it Saturday or Sunday? Is it the seventh day or the eighth day? Is it Jewish or gentile? - There are some religious groups, like the Seventh Day Adventists, that view the Sabbath as **the day of worship**, the day on which you should attend church for the worship service. While these groups typically also teach that no work is to be done on the Sabbath, the concept of the "day of worship" is sometimes emphasized more than **the "day of rest."** The problem with this is that the Bible nowhere commands that the Sabbath be **the day of worship**. In Exodus 20:8-11 says - "keeping the Sabbath holy" .

Other scriptures command against working on the Sabbath, but say nothing of the Sabbath being ~~the ordained day for worship~~ (Exodus 16:23-29; 31:14-16; 35:2-3; Deuteronomy 5:12-15; Nehemiah 13:15-22; Jeremiah 17:21-27). In the Old Covenant Dispensation, there was not one day set aside for worship. Sacrifices were made daily at the tabernacle / temple. The “worship” was continual. The idea that the Sabbath day is a God-ordained day of corporate worship is not biblical.

Traditionally and Historically - Christians have held their primary corporate worship services on Sundays, the first day of the week, in celebration of Christ’s resurrection, which occurred on a Sunday (Matthew 28:1; Mark 16:2; Luke 24:1; John 20:1). It is important to understand, though, that Sunday is not the commanded day of corporate worship either. There is no explicit biblical command that either Saturday or Sunday be the day of worship. Scriptures such as Romans 14:5-6 and Colossians 2:16 give Christians freedom to observe a special day, or to observe every day as special. God’s desire is that we worship and serve Him continually, every day, not just on Saturday or Sunday.

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# THE THIRD COMMANDMENT

INTO THE HEART OF GOD

## 1.) What the Sabbath cannot do

### The 4<sup>th</sup>. Commandment (vertical)

#### Exodus 20:8-11

**“Remember the Sabbath day, to keep it holy. :9** Six days you shall labor and do all your work, **:10** but the seventh day is the Sabbath of the LORD your God. In it you shall do no work: you, nor your son, nor your daughter, nor your male servant, nor your female servant, nor your cattle, nor your stranger who is within your gates. **:11** For in six days the LORD made the heavens and the earth, the sea, and all that is in them, and rested the seventh day. Therefore the LORD blessed the Sabbath day and hallowed (*set it apart*) it.

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# WHAT THE SABBATH CANNOT DO

## 1a.) It cannot rescue you

### Rom. 8:1-4

There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit. :2 For the law (a new law) of the Spirit of life in Christ Jesus has made me free from **the law** of sin and death....

:3 For what **the law** could not do in that it was weak through the flesh, God did by sending His own Son in the likeness of sinful flesh, on account of sin: He condemned sin in the flesh, :4 that the righteous requirement of **the law** might be fulfilled in us who do not walk according to the flesh but according to the Spirit.

## The Law of Sabbath Cannot Rescue

### 2Cor. 3:6-8

who also made us sufficient as ministers of the new covenant, not of the letter but of the Spirit; for the letter kills, but the Spirit gives life. :7 But if the ministry of death, written *and* engraved on stones, was glorious, so that the children of Israel could not look steadily at the face of Moses because of the glory of his countenance, which *glory* was passing away, :8 how will the ministry of the Spirit not be more glorious?

### Matt. 12:11-12

And he said unto them, What man shall there be among you, that shall have one sheep, and if it fall into a pit **on the sabbath** day, will he not lay hold on it, and lift it out? :12 How much then is a man better than a sheep? Wherefore it is lawful to do well **on the sabbath** days.

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# WHAT THE SABBATH CANNOT DO

## 1b.) It cannot forgive you

### Gal. 3:22-25

But the Scripture has confined all under sin, that the promise by faith in Jesus Christ might be given to those who believe. :23 But before faith came, we were kept under guard by the law, kept for the faith which would afterward be revealed. :24 Therefore the law was our tutor *to bring us* to Christ, that we might be justified by faith. :25 But after faith has come, we are no longer under a tutor.

### Mark 3:1-4,6

And he entered again into the synagogue; and there was a man there which had a withered hand. :2 And they watched him, whether he would heal him **on the sabbath** day; that they might accuse him. :3 And he saith unto the man which had the withered hand, Stand forth. :4 And he saith unto them, Is it lawful to do good **on the sabbath** days, or to do evil? to save life, or to kill? But they held their peace... :6 And the Pharisees went forth, and straightway took counsel with the Herodians against him, how they might destroy him.

His Creative Greatness & His Loving Greatness

### Luke 4:31-36

And came down to Capernaum, a city of Galilee, and taught them on the sabbath days. :32 And they were astonished at his doctrine: for his word was with power. :33 And in the synagogue there was a man, which had a spirit of an unclean devil, and cried out with a loud voice, :34 Saying, Let us alone; what have we to do with thee, thou Jesus of Nazareth? art thou come to destroy us? I know thee who thou art; the Holy One of God. :35 And Jesus rebuked him, saying, Hold thy peace, and come out of him. And when the devil had thrown him in the midst, he came out of him, and hurt him not. :36 And they were all amazed, and spake among themselves, saying, What a word is this! for with authority and power he commandeth the unclean spirits, and they come out.

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# WHAT THE SABBATH CANNOT DO

## 1c.) It cannot **redeem** you

### If You Are a "Sabbath Day" Observer...?

(1) Remember it. (2) Keep it separate from all other days, (3) Laboring hard for 6 days is required (4) rest only on the 7<sup>th</sup>. Day – failure at this is break the Law of God. (do you work 6 days a week?)

**Ex. 16:23-25**

**says you cannot cook food –  
do you cook food Saturdays?**

**Ex. 35:1-3**

**says you cannot have any light or warmth in your house –  
do you have lights on or a heater on Saturdays?**

**Num.15:32-35**

**says you cannot pick anything up on Saturdays.  
Have you ever picked up anything on a Saturday?**

Why Cant It ? -- The LORD had a Plan

**Is. 1:12-13**

**"When you come to appear before Me, Who has required this from your hand,  
To trample My courts? :13 Bring no more futile sacrifices; Incense is an  
abomination to Me. The New Moons, the Sabbaths, and the calling of  
assemblies - I cannot endure iniquity and the sacred meeting.**

## The New Testament Tucked in the Old Testament

**Jer. 31:31-33**

**"Behold, the days are coming, says the LORD, when I will make a new  
covenant with the house of Israel and with the house of Judah - :32 not  
according to the covenant that I made with their fathers in the day *that* I took  
them by the hand to lead them out of the land of Egypt, My covenant which they  
broke, though I was a husband to them, says the LORD...**

...:33 But this is the covenant that I will make with the house of Israel after those days, says the LORD: I will put My law in their minds, and write it on their hearts; and I will be their God, and they shall be My people.

**!!!! Gal. 3:10-14 !!!!**

For as many as are of the works of the law are under the curse; for it is written, "Cursed is everyone who does not continue in all things which are written in the book of the law, to do them." :11 But that no one is justified by the law in the sight of God is evident, for "the just shall live by faith." :12 Yet the law is not of faith, but "the man who does them shall live by them." :13 Christ has redeemed us from the curse of the law, having become a curse for us (for it is written, "Cursed is everyone who hangs on a tree"), :14 that the blessing of Abraham might come upon the Gentiles in Christ Jesus, that we might receive the promise of the Spirit through faith.

**Heb. 4:10-11**

For he who has entered His rest has himself also ceased from his works as God *did* from His. :11 Let us therefore **be diligent to enter that rest**, lest anyone fall according to the same example of disobedience.

**If there is any labor or effort to be made**, make it this – that you strive, push-on and make effort to enter His rest which is a total dependence upon Him and not our flesh.

*It is a fatal error to believe*

that keeping any of the commandments results in salvation or status...

**Ex. 31:14-17**

You shall keep the Sabbath, therefore, for it is holy to you. Everyone who profanes it shall surely be put to death; for whoever does any work on it, that person shall be cut off from among his people. :15 Work shall be done for six days, but the seventh is the Sabbath of rest, holy to the LORD. Whoever does any work on the Sabbath day, he shall surely be put to death. :16 Therefore the children of **Israel** shall keep the Sabbath, to observe the Sabbath throughout their generations as a perpetual covenant. :17 It is a **sign** between Me and the children of **Israel** forever; for in six days the LORD made the heavens and the earth, and on the seventh day He rested and was refreshed.' "

**Ezek. 20:12**

Moreover I also gave them My Sabbaths, to be a **sign** (memorial) between them and Me, that they might know that I am the LORD who sanctifies them.

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THE THIRD COMMANDMENT

INTO THE HEART OF GOD

**2.) What the Sabbath can do**

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WHAT THE SABBATH CAN DO

**2a.) It can remind us of God's greatness**

**Matt. 12:1-6**

At that time Jesus went through the grain fields **on the Sabbath**. And His disciples were hungry, and began to pluck heads of grain and to eat. **:2** And when the Pharisees saw *it*, they said to Him, "Look, Your disciples are doing what is not lawful to do **on the Sabbath!**" **:3** But He said to them, "**Have you not read what David did when he was hungry, he and those who were with him: :4 how he entered the house of God and ate the showbread which was not lawful for him to eat, nor for those who were with him, but only for the priests? :5 Or have you not read in the law that **on the Sabbath** the priests in the temple profane the Sabbath, and are blameless? :6 Yet I say to you that in this place there is *One greater than the temple.***"

**Mark 2:27-28**

And He said to them, "**The Sabbath was made for man, and not man for the Sabbath. :28 Therefore the Son of Man is also Lord of the Sabbath.**"

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# WHAT THE SABBATH CAN DO

## 2b.) It can remind us of our weakness

### Rom. 7:7-18

What shall we say then? Is the law sin? Certainly not! On the contrary, I would not have known sin except through the law. For I would not have known covetousness unless the law had said, "You shall not covet." :8 But sin, taking opportunity by the commandment, produced in me all manner of evil desire. For apart from the law sin was dead. :9 I was alive once without the law, but when the commandment came, sin revived and I died. :10 And the commandment, which was to bring life, I found to bring death. :11 For sin, taking occasion by the commandment, deceived me, and by it killed me. :12 Therefore the law is holy, and the commandment holy and just and good. :13 Has then what is good become death to me? Certainly not! But sin, that it might appear sin, was producing death in me through what is good, so that sin through the commandment might become exceedingly sinful. :14 For we know that the law is spiritual, but I am carnal, sold under sin. :15 For what I am doing, I do not understand. For what I will to do, that I do not practice; but what I hate, that I do. :16 If, then, I do what I will not to do, I agree with the law that it is good. :17 But now, it is no longer I who do it, but sin that dwells in me. :18 For I know that in me (that is, in my flesh) nothing good dwells; for to will is present with me, but how to perform what is good I do not find.

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# WHAT THE SABBATH CAN DO

## 2c.) It can remind us of His standard

### James 2:8-10

If you really fulfill the royal law according to the Scripture, "You shall love your neighbor as yourself," you do well; :9 but if you show partiality, you commit sin, and are convicted by the law as transgressors. :10 For whoever shall keep the whole law, and yet stumble in one point, he is guilty of all.

**Psa. 19:7**

The law of the LORD *is* perfect, **converting** the soul;  
(*breaking, to lay low, to cause a retreat*)

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THE THIRD COMMANDMENT

INTO THE HEART OF GOD

**3.) What His Sabbath means to us**

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WHAT HIS SABBATH MEANS TO US

**3a.) His Sabbath provides ultimate rest**

Jewish, Saturday, Sabbath regulations Cannot be Transferred  
to Gentile, Sunday, Lords Day, Liberties. – cannot !!!

Grace cannot be Yoked to the Law.  
Grace Overrides the Law.

**John 1:16-17**

And of His fullness we have all received, and grace for grace. :17 For the law  
was given through Moses, *but* grace and truth came through Jesus Christ.

**Rom. 14:5**

One person esteems *one* day above another; another esteems every day *alike*.  
Let each be fully convinced in his own mind. :6 He who observes the day,  
observes *it* to the Lord; and he who does not observe the day, to the Lord he  
does not observe *it*. He who eats, eats to the Lord, for he gives God thanks; and  
he who does not eat, to the Lord he does not eat, and gives God thanks.

**Rom. 14:5-6**

In the same way, some think one day is more holy than another day, while others think every day is alike. Each person should have a personal conviction about this matter. :6 Those who have a special day for worshiping the Lord are trying to honor him. Those who eat all kinds of food do so to honor the Lord, since they give thanks to God before eating. And those who won't eat everything also want to please the Lord and give thanks to God.

We either trust ourselves to save ourselves, or we trust God to do that for us through the sacrifice of Christ on the cross. So how do we stop trusting ourselves? How do we place our full trust in God and His promises? We enter into God's rest by first understanding our total inability to enter God's rest on our own. Next, we enter God's rest by our total faith in the sacrifice of Christ and complete obedience to God and His will. "And to whom did God swear that they would never enter his rest if not to those who disobeyed? So we see that they were not able to enter, because of their unbelief" Unlike the Israelites whose unbelief prevented them from entering the Promised Land, we are to enter God's rest by faith in Him, faith which is a gift from Him by grace.

**Eph. 2:8-9**

For by grace you have been saved through faith, and that not of yourselves; *it is* the gift of God, :9 not of works, lest anyone should boast.

**Heb. 10:10-12**

By that will we have been sanctified through the offering of the body of Jesus Christ once for all. :11 And every priest stands ministering daily and offering repeatedly the same sacrifices, which can never take away sins. :12 But this Man, after He had offered one sacrifice for sins forever, sat down at the right hand of God,

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**WHAT HIS SABBATH MEANS TO US**

**3b.) His Sabbath **guarantees** eternal peace**

### 3b.) His Sabbath guarantees eternal peace

#### Heb. 4:8-11

For if Joshua had given them rest, then He would not afterward have spoken of another day. :9 There remains therefore a rest for the people of God. :10 For he who has entered His rest has himself also ceased from his works as God *did* from His. :11 Let us therefore be diligent to enter that rest, lest anyone fall according to the same example of disobedience.

#### Col. 2:16-17

So let no one judge you in food or in drink, or regarding a festival or a new moon or sabbaths, :17 *which are a shadow of things to come, but the substance is of Christ.*

#### John 5:16-17

For this reason the Jews persecuted Jesus, and sought to kill Him, because He had done these things on the Sabbath. :17 But Jesus answered them, “*My Father has been working until now, and I have been working.*” (Jesus is not Sabbathing nor is the Father)

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## WHAT HIS SABBATH MEANS TO US

### 3c.) His Sabbath offers unconditional acceptance

It's Jesus. He's Our Sabbath – The Sign pointed to His coming.

These were Jewish Converts to Christ in those days...

#### John 20:19

Then the same day at evening, being **the first day of the week**, when the doors were shut where the disciples were assembled for fear of the Jews, came Jesus and stood in the midst, and saith unto them, Peace be unto you.

**Acts 20:7**

Now on the **first day of the week**, when the disciples came together to break bread, Paul, ready to depart the next day, spoke to them and continued his message until midnight.

**1Cor. 16:2**

On the **first day of the week** let each one of you lay something aside, storing up as he may prosper, that there be no collect

The 7<sup>th</sup>. Day (Saturday) reminds us of what God did in creation.

The 8<sup>th</sup>. Day (Sunday) is speaking out to us about what God is doing in Recreation

**2Cor. 5:17**

Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.

**So Christian, pick a day or two or three or seven  
To honor God in profound focus.**

**Gal. 4:4-11**

But when the fullness of the time had come, God sent forth His Son, born of a woman, born under the law, :5 to redeem those who were under the law, that we might receive the adoption as sons. :6 And because you are sons, God has sent forth the Spirit of His Son into your hearts, crying out, "Abba, Father!" :7 Therefore you are no longer a slave but a son, and if a son, then an heir of God through Christ. :8 But then, indeed, when you did not know God, you served those which by nature are not gods. :9 But now after you have known God, or rather are known by God, how *is it that* you turn again to the weak and beggarly elements, to which you desire again to be in bondage? :10 You observe days and months and seasons and years. :11 I am afraid for you, lest I have labored for you in vain.

**Rom. 8:2**

For the law of the Spirit of life in Christ Jesus has made me free from the law of sin and death.

# Give The Invitation & Challenge

QUE - WORSHIP TEAM TO COME OUT  
"THE MOMENT OF DECISION IS NOW"

"Lets Remain Seated as We Pray, No Distractions Please"

Go Off Air

\_\_\_\_\_ *End of Study* \_\_\_\_\_

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