## THE BOOK OF PHILIPPIANS

JOY FOR EVERY SITUATION

#### **PHILIPPIANS CHAPTER 4:5-9**

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#### THE TITLE OF THE MESSAGE:

## "How To Have The Peace Of God When..." - Part 2

DISCOVERING THE PRESENCE OF GOD AND HIS JOY IN EVERY SITUATION

## SUBJECT TOPICALLY REFERENCED UNDER:

Discipleship, Salvation, Power, Comfort, Growth, Living

## Introduction to the Text:

## Philippians 4:5-9

## Philippians 4:5-9

(1) Let your gentleness be known to all men. The Lord is at hand. 6 (2) Be anxious for nothing, but in everything by (3) prayer and (4) supplication, with (5) thanksgiving, (6) let your requests be made known to God; 7 and (a) the peace of God, which surpasses all understanding, will (b) guard your hearts and (c) minds through Christ Jesus. 8 Finally, brethren, (1) whatever things are true, (2) whatever things are noble, (3) whatever things are just, (4) whatever things are pure, (5) whatever things are lovely, (6) whatever things are of good report, if there is any (a) virtue and if there is anything (b) praiseworthy—meditate on these things. 9 The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you.

#### In verses 1-4

He teaches us How to have peace with others which results in joy.

#### In verses 5-9

He teaches us How to have peace with ourselves which results in joy.

How to Have The Peace of God When

# 1.) When it's me we're talking about:

vs. 5-7

## In verses 1-4

He teaches us How to have peace with others which results in joy.

# 1a.) Help me God in my distress:

vs. 5-6

## Philippians 4:5-7

(1) Let your gentleness be known to all men. The Lord is at hand. 6 (2) Be anxious for nothing, but (3) in everything by prayer and supplication, with (4) thanksgiving, (5) let your requests be made known to God.

vs. 5 Let your gentleness be known to all men. The Lord is at hand.

Make the Determination Now: Stand Up and Prepare Yourself.

**gentleness** 933. epieikes, epee-i-cace'; appropriation, conduct, balance, moderation, self-control, the word means to conduct yourself more just than justice. To meet a man half-way. To see to it that the law doesn't abuse. Fairness. Knowing when not to apply the letter of the law but rather the spirit of the law. the disciples of life (one of the most untranslatable words of the Greek language due to its broadness of meaning.

## The Most Perfect Example of This comes from Jesus:

(The law demands she be stoned to death; Jesus applies epieikes).

# Why be like this? "The Lord is at hand";

because the Lord's coming **is always imminent** to every generation of believers. We are to be gentle toward others knowing that winning the lost to Christ is our commission.

## vs. 6a Be anxious for nothing,...

anxious 3309 merimnao, mer-im-nah´-o; troubled, tossed, pulled, an uneasy vibration or ongoing noise,

Wrong thinking leads to ill feelings which lead to regrettable actions.

I will never forget being at the grotto-temple of Pan, the Greek god. Those who worshipped him acted just like him in a fit of panic, (anxious, fretting, worry, panic).

## **Fuel on the Fire:**

Worry and anxiety is the sin of doubt and fear.
We can take a pill to help us relax, to catch a break from worry and fear, but when the pill wears off, the worry and fear returns!

Nothing 3367 medeis, may-dice',

As in not even one man, one woman, one = no-thing. And to not worry or fear (without delay).

## 1 Peter 5:7

Casting all your care upon Him, for He cares for you.

Throw it to Him; To hand over to God or to pass to God;

To throw in the direction of God!

"That is what is meant when we read this in the Bible;

"Lord I come to you" or "Lord I cry out to you" or "God hear my prayer".

## Psalm 61:1-4

Hear my cry, O God; Attend to my prayer. 2 From the end of the earth I will cry to You, When my heart is overwhelmed; Lead me to the rock that is higher than I. 3 For You have been a shelter for me, A strong tower from the enemy. 4 I will abide in Your tabernacle forever; I will trust in the shelter of Your wings.

"Sow a thought; reap an action. Sow an action; reap a habit. Sow a habit; reap a character. Sow a character; reap a destiny."

Ralph Waldo Emerson

## 2 Corinthians 10:4-5

For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, 5 casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ.

You're to speak to the issue with God's Word as your confidence.

## **Speak His Truth in the day of Worry**

#### 1 John 4:18

There is no fear in love; but perfect love (knowing His love for you) casts out fear, because fear involves torment. But he who fears (worries and frets) has not been made perfect in love.

## **Speak His Truth in the day of Trouble**

#### **Psalm 107:6**

Then they cried out to the LORD in their trouble, And He delivered them out of their distresses.

## Speak His Truth in the day of Fear

#### **Psalm 34:4**

I sought the LORD, and He heard me, And delivered me from all my fears.

## **Speak His Truth in the day of Discontent**

#### Hebrews 13:5

Don't love money; be satisfied with what you have. For God has said, "I will never fail you. I will never abandon you."

vs. 6b But in (presently) everything by (the vehicle, mode, avenue of) (1) prayer and (2) supplication, with (3) thanksgiving, let your requests be made known to God.

**prayer** 4335. proseuch/ pros'eu'che, pros-you-kay' prayer (as to worship), oratory (as to chapel), speak (as to tell).

**supplication** 1162. deesis, deh´-ay-sis to make a petition. to make a request, to appeal to heaven. ask God

thanksgiving 2169. eucharistia, yoo-khar-is-tee'-ah; to express gratitude, to actively appreciate, to take what

# Adoration / Confession / Thanksgiving / Supplication

How To Have The Peace of God When When It's Me We're Talking About

# 1b.) Open the eyes of my heart Lord:

vs. 7

vs. 7 and the peace of God, which surpasses all understanding, will guard your hearts and (will guard your) minds through Christ Jesus.

**Understanding** 3563. nous, nooce; to excel or go beyond the intellect, to excel or go beyond emotions to excel or go beyond the feelings.

**Guard** 5432 phroureo, froo-reh´-o; a military term meaning to be point man or forward eyes. To be out and ahead of everything, everyone else. To be the advance. the sentinel, the spy or post.

#### hearts 2588. kardia, kar-dee'-ah;

the area of our deepest emotions, deep thoughts, core feelings

## minds 540/5216 noema/ humon no´-ay-mah / hoo-mone

the place of a perception, disposition, devices, the place from where we observe.

The place where, "why we think the way we think"

## Through 722. ejn en, en;

coming from a fixed position - (in place, in time or in state) to be in motion or movement with another (with Christ)

#### **Hebrews 10:19-23**

Therefore, brethren, having boldness to enter the Holiest by the blood of Jesus, 20 by a new and living way which He consecrated for us, through the veil, that is, His flesh, 21 and having a High Priest over the house of God, 22 let us draw near with a true heart in full assurance of faith, having our hearts sprinkled from an evil conscience and our bodies washed with pure water. 23Let us hold fast the confession of our hope without wavering, for He who promised is faithful.

## How To Have The Peace of God When

# 2.) When my mind becomes a battlefield:

vs. 8

# 2a.) Run toward the good:

vs. 8a

vs. 8a Finally, brethren, whatever things are **true**, whatever things are **noble**, whatever things are **just** 

# Meditate on these things.

## true alethes, al-ay-thace';

things that are out in the open. things not concealing, things not that are not false, wrong, damaging, things that are sincere

# Satan is the Exact opposite of all that is True.

The truth is – we worry because we are not in control.

That is a form of deception.

#### John 8:44

You are of your father the devil, and the desires of your father you want to do. He was a murderer from the beginning, and does not stand in the truth, because there is no truth in him. When he speaks a lie, he speaks from his own resources, for he is a liar and the father of it.

### 1 Peter 5:8-9

Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour. **9** Resist him, steadfast in the faith,

## Believing in a lie will inevitably lead us to worry, And worry is the opposite of having faith in God.

noble semnos, sem-nos'; (great difficulty of meaning to the mortal) honorable, worthy, edifying, honest things. we are to lift up, extol, we are to make known the noble things. (it is a word used to describe a man who walks through this world as if it were a temple to his god) So then we are to walk. Promoting what is good or god-like or representative of our GOD.)

just dikaios, dik´-ah-yos;

doing equitable things, innocent things, doing god honoring things. Things that are right and just. The ancients would say - - "Duty to man is duty to God"

# "Duty to man is duty to God"

## **1Timothy 2:1-3**

Therefore I exhort first of all that supplications, prayers, intercessions, and giving of thanks be made for all men, **2** for kings and all who are in authority, that we may lead a quiet and peaceable life in all godliness and reverence. 3 For this is good and acceptable in the sight of God our Savior,

# The Christian Must Learn What the

True and Noble and Just things are from the Bible.

#### Micah 6:8

He has shown you, O man, what is **good**; And what does the LORD **require** of you But to **do justly**, To **love mercy**, And to **walk humbly** with your God?

How To Have The Peace of God When When My Mind Becomes A Battlefield

# 2b.) Run away from the questionable:

vs. 8b

vs. 8b whatever things are **pure**, whatever things are **lovely**, whatever things are of **good report**,

# —meditate on these things

## pure hagnos, hag-nos';

things not made pure or clean but the things that are pure, clean in origin – being of God.

#### Colossians 3:1-4

If then you were raised with Christ, seek those things which are above, where Christ is, sitting at the right hand of God. 2 Set your mind on things above, not on things on the earth. 3 For you died, and your life is hidden with Christ in God. 4 When Christ who is our life appears, then you also will appear with Him in glory.

lovely prosphiles, pros-fee-lace'; things that make for kindness or friendliness towards others. to cause others to feel that they are valuable

good report euphemos, yoo´-fay-mos; things that you do not have to be ashamed of or embarrassed of. Things well spoken. Things that have a good reputation

# How To Have The Peace of God When When My Mind Becomes A Battlefield

# 2c.) Run with the few:

vs. 8c

vs. 8c if there is any **virtue** and if there is anything **praiseworthy**— **meditate** on these **things**.

## virtue arete, ar-et'-ay;

from the greek word, to be manly or masculine (to be of valor), to be excellence of nature and quality.

## praiseworthy epainos, ep'-ahee-nos;

that which is commendable. Something to pass along to others for their benefit or welfare.

## meditate logizomai, log-id´-zom-ahee;

to ponder, to take inventory of, to sit in or at. to stay in a place of proper attitude.

## 1 Peter 4:3-4

For we have spent enough of our past lifetime in doing the will of the Gentiles—when we walked in lewdness, lusts, drunkenness, revelries, drinking parties, and abominable idolatries. **4** In regard to these, they think it strange that you do not run with them in the same flood of dissipation, speaking evil of you.

## **Proverbs 1:10-11**

My son, if sinners entice you, Do not consent. 11 If they say, "Come with us, Let us lie in wait to shed blood; Let us lurk secretly for the innocent without cause;

#### **Romans 12:1-2 ESV**

I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. **2** Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.

## How To Have The Peace of God When

When I don't know what to do about me:

vs. 9

# 3a.) It's time to remember what I know:

vs. 9a

vs. 9 The things which you learned and received and heard and saw in me,

learned 3129. manthano, man-than'-o;

to learn by many or any way / to come to understand by exposure.

received 3880. paralambano, par-al-am-ban'-o;

to be a receiver / to be an associate / to take it in, to assimilate

heard 191. akouo, ak-oo'-o;

to be in and of the audience / to give ear to / to listen for a purpose / to seek or desire to know and understand.

saw 1492. eido, i'-do;

to consider / watch / see / with the intent to copy, mimic, put into practice.

# How To Have The Peace of God When When You Don't Know What To Do About You

3b.) It's time to do what I've been told:

vs. 9b

vs. 9b These things do,

3c.) It's time to rest in what God has done:

vs. 9c

vs. 9c and the God of peace will be with you.

# COME TO JESUS TODAY

The Cross, The Christ, The Call



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