

“Connected 3D”

“Technology”

Nehemiah

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Key Words: Technology, Family

Identify the Problem

Nehemiah 1:1-3 “It came to pass in the month of Chislev, *in* the twentieth year, as I was in Shushan the citadel, ² that Hanani one of my brethren came with men from Judah; and I asked them concerning the Jews who had escaped, who had survived the captivity, and concerning Jerusalem. ³ And they said to me, “The survivors who are left from the captivity in the province *are* there in great distress and reproach. The wall of Jerusalem *is* also broken down, and its gates *are burned* with fire.”

- The problem isn't that our children or we use a mobile device.
 - Technology itself isn't good or evil.
 - What we do with it makes it good or evil.
- The problem is
 - HOW MUCH TIME we/our family use devices and/or social media.
 - HOW WE USE our devices
- ***Time Spent/Wasted***
 - **The Washington Post**
 - *“Teens are spending more than one-third of their days using media such as online videos or music — nearly nine hours on average, according to a new study from the family technology education non-profit group, Common Sense Media. For tweens, those between the ages of 8 and 12, the average is nearly six hours per day... It's hard to fully judge how much screen time has increased in recent years. The closest study to Common Sense Media's may be the Kaiser Family Foundation's 2010 study, which estimated an average of five-and-a-half hours of media use for those ages 8-10, 8 hours and 40 minutes for those aged 11-14, and just under 8 hours for 15-18 year-olds.”*
 - **Forbes Magazine**
 - *“Let's break those numbers down a bit. There are few luddites among tween/teens: only 6% of don't use any screen media. 28% of tweens and 17% of teens use it for two hours or less. 27% percent of tweens and 31% of teens use it between 4-8 hours a day. And 11% of tweens and 26% of teens are in front of a screen more than eight hours a day. What's more, a huge portion of that time is spent with mobile devices. “mobile devices now account for 41 percent of all screen time among tweens and 46 percent among teens.”*

- **Call of Duty**

- “A staggering 25 billion hours, or the equivalent to 2.85 million years, have been spent playing games in Activision's Call of Duty series.”

- **No Supervision**

- A recent poll taken found that “95% of the teenagers have unrestricted internet access on their mobile device.” Groundedhs
 - A similar pole including Jr. High found the numbers to be nearly the same.
 - “Microsoft asked 1,000 adults, both parents and non-parents, “How old is too young for kids to go online unsupervised?” The answer: eight years old is the average age at which parents allow independent Internet and device use. Ninety-four percent of parents said they allow their kids unsupervised access to at least one device or online service like email or social networks. The poll found that most parents allow their kids access to gaming consoles and computers at age eight.”
- ***Would you allow your 7-18 year old to walk the streets of Downtown LA unsupervised?***
 - Why would allow them unsupervised access to the Internet?
 - Don't answer, “But my child would never!”
 - I had a mom tell me once her child would never view Internet porn. Later she told me how sorry she was to say that after she found an internet cord that ran from his computer under the carpet, down the hall into her room behind the dresser and plugged in.

Pray

Nehemiah 1:4-6 ⁴“So it was, when I heard these words, that I sat down and wept, and mourned *for many days*; I was fasting and praying before the God of heaven. ⁵And I said: “I pray, LORD God of heaven, O great and awesome God, *You* who keep *Your* covenant and mercy with those who love *You* and observe *Your* commandments, ⁶please let *Your* ear be attentive and *Your* eyes open, that *You* may hear the prayer of *Your* servant which I pray before *You* now, day and night, for the children of Israel *Your* servants, and confess the sins of the children of Israel which we have sinned against *You*. Both my father's house and I have sinned.”

- ***The Shoot, ready, aim tactic won't work!***

- Don't blast your kids with both barrels!
- **Ephesians 6:4** “And you, fathers, do not provoke your children to wrath, but bring them up in the training and admonition of the Lord.”

- Pray that God would give you wisdom and direction as to how you will implement change.

- If you gave them the world at their finger tips, you will need to pray and be wise as to how you reel them back in.

Build a Wall (Connect 3D)

Nehemiah 2:17-18 ¹⁷ Then I said to them, “You see the distress that we *are* in, how Jerusalem *lies* waste, and its gates are burned with fire. Come and let us build the wall of Jerusalem, that we may no longer be a reproach.” ¹⁸ And I told them of the hand of my God which had been good upon me, and also of the king’s words that he had spoken to me. So they said, “Let us rise up and build.” Then they set their hands to *this good work*.”

Nehemiah 4:17-20 ¹⁷ Those who built on the wall, and those who carried burdens, loaded themselves so that with one hand they worked at construction, and with the other held a weapon. ¹⁸ Every one of the builders had his sword girded at his side as he built. And the one who sounded the trumpet *was* beside me. ¹⁹ Then I said to the nobles, the rulers, and the rest of the people, “The work *is* great and extensive, and we are separated far from one another on the wall. ²⁰ Wherever you hear the sound of the trumpet, rally to us there. Our God will fight for us.”

Nehemiah 6:15-16 ¹⁵ So the wall was finished on the twenty-fifth *day* of Elul, in fifty-two days. ¹⁶ And it happened, when all our enemies heard *of it*, and all the nations around us saw *these things*, that they were very disheartened in their own eyes; for they perceived that this work was done by our God.”

- Nehemiah identified the problem. The city needed a wall!
- Our families need a Spiritual Wall of Protection!
- Homework from last week.
 - What’s family time like? What influence does technology have?
 - It starts with YOU!

1. *Disconnect*

- *To Connect*
 - Take us out of Warp Mr. Sulu!
 - Tech-Free Zones
 - Bedrooms
 - Dinner Table
 - Drive-Time
 - Date nights

2. Deepen

- *Internal Values*
 - Aim for the HEART!
 - **Luke 6:45** “A good man out of the good treasure of his heart brings forth good; and an evil man out of the evil treasure of his heart brings forth evil. For out of the abundance of the heart his mouth speaks.”
 - **READ THE BIBLE TOGETHER!!!**
 - Plan Bible reading time together as a family!
 - Redeem the time
 - **Ephesians 5:15-16** ¹⁵ See then that you walk circumspectly, not as fools but as wise, ¹⁶ redeeming the time, because the days are evil.”
 - Be Transformed
 - **Romans 12:2** “And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what *is* that good and acceptable and perfect will of God.”
 - Guard your mind
 - **Philippians 4:8** “Finally, brethren, whatever things are true, whatever things *are* noble, whatever things *are* just, whatever things *are* pure, whatever things *are* lovely, whatever things *are* of good report, if *there is* any virtue and if *there is* anything praiseworthy—meditate on these things.”
 - Guard your eyes
 - **Psalms 101:3-4** “I will set nothing wicked before my eyes...”
- Spend quantity/quality time together as a family!
 - Get to know one another!
 - Talk to your children.
 - Play games with them
 - Board games and video games.
 - Get to know what they like.
 - Don't make everything about what you like.
 - You can't use the excuse that you don't know what to say or what to do!
 - None of us is born knowing what to say or do.
 - Some of the best parents I know didn't have it modeled for them.
 - Your children need YOU!!!
 - Not a bigger house!
 - Not more clothes!
 - Not more toys!
 - YOU!

■ *Develop*

○ External Boundaries

- Learn how to set parental controls on devices.
 - If it has a Wi-Fi connection it can access porn!
 - Xbox, Playstation, Wii, Blu-ray, DVD, etc.
 - They all have parental controls, you can even turn the blood off on Call of Duty.
 - Apple has an amazing set of parental controls on any of their mobile devices including computers. You simply need to go into the settings and turn them on.
 - You can remove Safari so that they won't be able to access the internet.
 - You can install Mobicip as a web browser alternative that blocks all adult websites and more!
 - Install web monitoring software on computers.
- If you can't figure it out, then do what this mom did.

CUE VIDEO (Mom Shooting Phone - 22 sec.)

- If you don't have a gun, get a lock box.
- Don't allow any electronic devices in bedrooms.
- Don't allow passwords on mobile devices that you don't know.
 - Would you allow your child to lock their bedroom door and keep you out?
 - Moms and Dads need to have access to each other's phones.
- Talk to your children about internet danger
 - Teach them about the stranger danger that lurks on the internet.
- Avoid Extremes – Don't destroy every piece of technology in the house, teach them how to manage it.
 - If you don't teach them how to, when they move out they'll most likely have technology overload.
 - **Proverbs 22:6** "Train up a child in the way he should go, and when he is old he will not depart from it."

CUE VIDEO (3D video – 3:08 min.)

Tools and resources to go further

@Home Room or

<http://athomecalvary.org/campaign/connected-3d-using-technology-in-a-god-honoring-way/>